

#### Familia Muesli

Cereal mix baked with fruits and micronutrients.

Ingredients: Whole grain OAT FLAKES, WHEAT SOY FLAKES (WHEAT, SOY, raw sugar, fructose, salt, barley malt), Cornflakes (corn, salt, barley malt), Cereal Crispies (corn, rice, raw sugar, whole grain flour (WHEAT, RYE, BARLEY), barley malt, low fat cocoa powder, salt), sugar, raisins 6% (sunflower oil), sunflower oil, coconut flakes, flour (WHEAT, RYE), apple pieces 3%, honey 1%, MILK POWDER, magnesium citrate, calcium citrate, vitamins (C, E, niacin, pantothenic acid, D, B6, B2, B1, folic acid, biotin, B12), salt, flavor (vanillin). Cereals: 61%, of which whole grain: 47%. May contain: Almonds, hazelnuts, pecans, cashew, sesame and sulfite.

Allergens: Cereals containing gluten, milk, soybeans; may contain: sesame seeds, sulfites, hard-shelled fruit.

Country of production: Switzerland

#### Corn Flakes, Familia

Ingredients: Corn 92%, (Italy), sugar, table salt, barley malt, emulsifier: sunflower lecithin.

Allergens: Cereals containing gluten

Origin raw material: Italy

Country of production: Switzerland

#### Oat flakes fine, gluten free

Ingredients: Oats

Origin raw material: Europe

Country of production: Switzerland

#### Crunchy Cream, without palm oil, Ovomaltine

Ingredients: Malted beverage powder Ovomaltine 33% (BARLEY MALT EXTRACT 17%, condensed MILK, condensed MILK SERUM, low-fat cocoa powder<sup>1</sup>, sugar, fructose, minerals (magnesium carbonate, dicalcium phosphate), canola oil 0. 2%, vitamins (E, C, thiamin, riboflavin, niacin, B6, folic acid, B12, biotin, pantothenic acid), table salt, flavoring (vanillin)), sugar, Swiss vegetable oils 29% (rapeseed oil, rapeseed oil whole hydrogenated), HASHEL NUTS, emulsifiers (lecithins, mono- and diglycerides of fatty acids), mineral (dicalcium phosphate), low-fat cocoa powder<sup>1</sup>, antioxidants (L-ascorbyl palmitate, alphatocopherol), flavor (vanillin). #¹Rainforest Alliance certified. More info: ra.org

Allergens: Cereals containing gluten, Milk, Hard-shelled fruit.



# Black cherry jam

Ingredients: Cherries, sugar, citric acid (E330), fruit pectin (E440)

Country of production: Switzerland

# Apricot jam

Ingredients: apricots, sugar Apricots, sugar, citric acid (E330), fruit pectin (E440)

Country of production: Switzerland

#### Raspberry jam Räber

Ingredients: raspberries, sugar Raspberries, sugar, citric acid (E330), fruit pectin (E440)

Country of production: Switzerland

#### Whole milk

Ingredients: Whole milk 3.5% fat UHT, homogenized

Allergens: Milk

Origin raw material: Switzerland

Country of production: Switzerland

#### **Quickmilk MMP instant**

Material description: Sprayed skim milk powder

Ingredients: Skimmed milk Skimmed milk

Allergens: Milk

Origin raw material: Switzerland

Country of production: Switzerland

## Soy Drink

Description: Organic soy drink

Ingredients: Soy base\* (water, hulled soybeans\* (9.8%)). \* = from controlled organic

cultivation. Naturally gluten and lactose free.

Allergens:Soybeans

Country of production: Belgium



#### Coaotina

Description: Cocoa drink

Sugar, milk serum powder, low fat cocoa powder, emulsifier (lecithins), glucose syrup, chocolate, cocoa mass, vanilla flavor, coconut oil, anti-caking agent table salt, coffee extract thickener, stabilizers, potassium phosphates.

# Apple juice

Description: Apple juice

Ingredients: 90% apple juice from concentrate, 10% pear juice from concentrate.

Country of production: Switzerland

# Orange juice

Ingredients: Fruit juice from natural orange juice concentrate.

Origin raw material: United States, South America

Country of production: Switzerland

# Yogurt nature

Ingredients: Yogurt from pasteurized milk

Allergens: Milk

Origin raw material: Switzerland

Country of production: Switzerland

# Yogurt strawberry

Ingredients: Yogurt from pasteurized milk, sugar, strawberries 8%, modified starch, beet juice

concentrate, lemon juice concentrate, flavor.

Allergens: Milk

Origin raw material: Switzerland, Morocco



# Emmental cheese, cave ripened

Ingredients: Milk, salt, cultures, rennet

Allergens: Milk (lactose free)

Origin raw material: Switzerland

Country of production: Switzerland

# Le Gruyère, cheese

Ingredients: Raw milk (cow), animal rennet, cultures, salt.

Allergens: Milk (lactose free)

Origin raw material: Switzerland

Country of production: Switzerland

## **Brie (soft cheese)**

Ingredients:

Swiss cow's milk, table salt, rennet (microbial), lactic acid bacteria.

Allergens: Milk

Origin raw material: Switzerland

Country of production: Switzerland

## **Cottage cheese**

Material name: Fresh cheese preparation made from pasteurized milk, quarter fat.

Ingredients: Skim milk, cream, salt, lactic acid cultures, microbial rennet, thickeners: guar

gum, xanthan gum.

Allergens: Milk

Country of production: Switzerland

# **Butter**

Ingredients: Butter

Allergens: Milk

Origin raw material: Switzerland



#### Marie's spelt bread

Spelt semi white flour IPS, water wheat flour IPS, yeast CH, salt iodized CH, Panatura forte (water yeast CH, barley flour, acerola fruit powder, enzymes) wooden basket



#### Potato bread

White flour IP-Suisse, water, potato flocks, wholemeal rye flour, wheat flour, yeast CH, sea salt, Panatura, forte, (water, yeast CH, barley flour, acerola fruit powder, enzymes), dried sourdough, emulsifier E472e, antioxidant E300, enzymes, malt flour.



#### **Grain bread**

Water, white flour IP-Suisse, wheat flour IPS, original spelt flour IPS. Oat flakes, oat groats, barley flakes, sunflower seeds, rye flour CH, linseed, soy grits, yeast CH, barley flour, table salt iodized CH, Panatura, forte, (water yeast CH, barley flour, Acerola fruit powder, enzymes) sesame seeds, wheat protein, malt, apple juice concentrate, corn flour, rye sourdough, preservative E262, acidifier E270, citric acid E330, acidifier E334



#### **East Swiss light IP-Suisse**

White flour IP-Suisse, water, yeast CH, table salt iodized CH, Panatura, forte, (water yeast CH, barley flour, acerola, fruit powder, enzymes)



## **Length Dark**

White flour IPS, water, yeast, iodized salt, Panatura, forte, (water yeast CH, barley flour, acerola, fruit powder, enzymes)





#### Swirl with

Chnebel dough with (water, half-white flour, rye meal CH, sunflower seeds, sesame seeds, flax seeds, gluten, table salt iodized CH, yeast CH), wheat meal, sunflower seeds. Rye flour CH, linseed



# Stone oven swirl bread, bright

Ingredients: IPS WHEAT FLOUR, water, WHEAT GLUTEN, salt, yeast, malt flour (BARLEY), sourdough (ROGEN), flour treatment agent (ascorbic acid). May contain traces of MILK, EGGS, ALMOND, HASHEL NUTS, TREE NUTS and SESAME.

Allergens: Cereals containing gluten; may contain: Milk, sesame seeds, eggs, hard-shelled fruit.

Origin raw material: Switzerland

Country of production: Switzerland

# Castello, dark (swirl bread dark)

Wheat flour, water, cooking salt (iodized), yeast, roasted barley malt flour.

Allergens: Cereals containing gluten; may contain: Milk, soybeans, sesame seeds, eggs, hard-shelled fruit.

Origin raw material: Switzerland

Country of production: Switzerland

#### Rusk, gluten-free

Ingredients: Corn starch, potato starch, sugar, sunflower oil, vegetable fibers (peas, rice, potatoes, psyllium), yeast, rice flour (4.5%), emulsifier (mono- and diglycerides of fatty acids), thickener (hydroxypropyl methylcellulose), pea flour, natural flavor, millet flour, whole flaxseed flour, buckwheat flour, salt.

Origin raw material: Switzerland



# Stone oven swirl bread, light in color

Ingredients: IPS WHEAT FLOUR, water, WHEAT GLUTEN, salt, yeast, malt flour (BARLEY), sourdough (ROGEN), flour treatment agent (ascorbic acid). May contain traces of MILK, EGGS, ALMOND, HASHEL NUTS, TREE NUTS and SESAME.

Allergens: Cereals containing gluten; may contain: Milk, sesame seeds, eggs, hard-shelled fruit.

Origin raw material: Switzerland

Country of production: Switzerland

#### Schär Meisterbäckers Classic gluten-free

Ingredients: Corn starch, water, sourdough 14% (rice flour, water), rice starch, rice syrup, vegetable fiber (psyllium), sunflower oil, millet flour 2.6%, SOYA PROTEIN, quinoa flour 1.7%, thickener: hydroxypropyl methylcellulose; yeast, iodized salt (salt, potassium iodide), honey. May contain traces of LUPINES and MUSTARD. Produced in: see letter before the best before date: B = Italy C = Germany.

Country of production: Germany

## Schär Meisterbäcker Bread Vital Bread gluten-free

Ingredients: Water, corn starch, sourdough 14% (rice flour, water), rice flour, linseed 5.5%, sunflower seeds 5.5%, psyllium husks (Plantago Psyllium), whole rice flour 3.2%, yeast, quinoa flour 2.5%, sunflower oil, sorghum flour 2.2%, thickener: hydroxypropylmethylcellulose; natural flavor, iodized salt (salt, potassium iodide), chestnut flour 0.7%, whole millet flour, acidifier: calcium citrate.

May contain traces of: SOY, MUSTARD, LUPINS.

Country of production: Germany

## Schär Meisterbäcker bread multigrain gluten-free

Ingredients: Water, corn starch, sourdough 16% (rice flour, water), rice starch, cereals 4.3% (millet flour 2.6%, quinoa flour 1.7%), apple fiber, sugar beet syrup, sunflower oil, rice syrup, SOY FLOUR 2. 1%, sunflower seeds 2.1%, SOYA BLEED 1.9%, flaxseed 1.9%, thickener: hydroxypropylmethylcellulose; millet flakes 1.4%, SOYA PROTEIN, yeast, sea salt, honey.May contain traces of LUPINES.

Allergy info: See highlighted ingredients